

# BAYVIEW Newsletter

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### Header Photo:

The Parents & Friends held an extremely successful Mothers Day High Tea on Sunday. The event was supported by a large contingent of Bayview College parents, staff, former staff, students and the Portland Community. A huge thank you to Caroline Dark who coordinated the event. Money raised will be used to purchase resources to support the students' learning.

## Principal's Message

*"You have to have confidence in your ability, and then be tough enough to follow through"*

*Rosalynn Carter*

Overcoming adversity is something that all people will do, to a greater or lesser extent at some point in their lives. Even for the most blessed individual, the world can seem full of adversity at times. Think back to some of the big challenges in your life: your first day at school, establishing and maintaining friendships, your performance for the sports team, your role in the school production, sitting tests and exams, graduation and planning life beyond school, getting the job of your dreams. Other major challenges for young people include coping with making choices regarding alcohol, drugs, and personal relationships.

Young people are prone to make mistakes in some or all of these areas, but those who bounce back, dust themselves off and start all over again are the ones with resilience. Resilience is sometimes referred to as the "rubber ball" factor: that is the ability to bounce back in the event of adversity. For some adolescents they can feel like they have a lot of adversity in their lives. Getting it right and appearing to fit in with the peer group are all very important to young people and any form of failure can be a major set-back which affects their confidence and sense of self-worth.

Research reveals that young people who have the most resilience share certain characteristics such as:

- A support network in the shape of family, friends, peers and teachers.
- Confidence that they can face up to new and challenging situations.
- Enjoyed previous successes which they can fall back on to remind them that they have overcome adversity in the past.
- Being positive, active and adaptable, having a sense of humour (including the ability to laugh at themselves), empathy, caring, strong communication skills.
- The capacity for abstract thought, reflection, flexibility and a willingness to attempt alternative solutions, which are all signs of resilience.
- The ability to have a sense of their own identity, the capacity to act independently, and to exert some control over their environment.
- A sense of purpose and future with ambitions, goals, a desire for achievement, motivation, a desire for educational success, a belief that things will be better in the future.

Resilient people also avoid falling into negative thinking traps, such as "I just can't do it," "I have never been good at...". As parents and educators we may need to assist our young people on a daily basis to see alternatives when faced with a challenge, to avoid catastrophizing and know when and how to ask for help.

*God Grant me the serenity to accept the things I cannot change;  
courage to change the things I can; and wisdom to know the  
difference.*

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## The Secret Garden brings to life optimism and simple kindness

"The Secret Garden" is a beloved children's classic tale by Frances Hodgson Burnett which will be brought to life on stage by the students of Bayview College.

The Secret Garden is the story of Mary Lennox, an orphaned girl who is sent to stay with her reclusive uncle in Misselthwaite Manor. Mary has trouble fitting in but makes new friends and discovers a secret garden which she tends and brings to new life. As the garden is transformed, so is her life and the lives of those around her who all feel the magic of new life and growth.

In a very strong and diverse cast, principal performances will come from Sheridan Herbertson as Mary and Josephine Quinlivan as Mary's good-natured maidservant Martha. Jake Davies plays Dickon, Martha's younger brother and Toby Cocks plays Colin, a frail boy living hidden in a bedroom at Misselthwaite Manor.

A strong ensemble, many who are in the junior years, supports the main performers.

Director, Mrs Bonita Silva is looking forward to this year's classic tale.

"The Secret Garden is a beautiful story full of optimism and hope. A coming of age story where positive thinking and simple kindness win out in the end."

"The play is being designed and coordinated by the Year 11 Theatre Studies students who have all taken on a facet of stagecraft and have been working hard designing and constructing the set, lighting, sound and costumes."

"They have taken great ownership of the production and have really put their stamp on it." Concluded Mrs Silva.

Performances are on Thursday 7 May at 7.30pm, Friday 8 May at 7.30pm, Saturday 9 May matinee at 2.00pm, and the final performance at 7.30pm in the evening.

Venue: The Portland Arts Centre, Glenelg Street, Portland. Admission: \$15 Adults, \$12 child. Tickets are available from Bayview College Reception

This play is suitable for the whole family. Contact Bayview College: 5523 1042.



Back: Jake Davies, Cody Welfare, Sheridan Herbertson, Jorja Mallen, Lucy de Guloten  
Front: Josephine Quinlivan, Toby Cocks & Paris Barker



## UPCOMING EVENTS

### Wednesday 6 May – Thursday 7 May

Year 12 Career Expo  
Melbourne

### Thursday 7 - Saturday 9 May

The Secret Garden  
performance

### Tuesday 12 May

Year 9 Circle Program

### Tuesday 12 - Thursday 14 May

NAPLAN

### Wednesday 13 May

Year 9 camp information  
evening 7.00pm

### Friday 15 May

Glenelg District Cross-Country

### Monday 18 & Tuesday 19 May

Senior Football

### Wednesday 20 May

SWAC Casual Day

### Tuesday 26 May

Year 9 Circle Program

### Friday 29 May

Reconciliation Day-Year 10

### Wednesday 3 June

ICAS Science

Year 9-11 Exams

### Thursday 4 June

Year 9-11 Exams

### Friday 5 June

Year 9-11 Exams

### Monday 8 June

Queens Birthday-No School

### Tuesday 9 June

Correction Day- No School

### Wednesday 10 June

VCE GAT

Year 9 Circle Program

### Monday 22 -Friday 26 June

Year 10 Work Experience

Year 9 Camp

### Friday 26 June

End Term 2 2.20pm Finish

### Monday 13 July

Term 3 commences

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L-R: Paige Clayton, Kya Duro, Riley Cook, Sid Kerr & Caitlyn Sims

## The Whitten Project 2015 Glenelg Shire Young Leader Profiles

Nominations for the 2015 "The Whitten Project" more than doubled since last year due to the overwhelming response and popularity of the Program, with the 2014 participants, parents and the community commenting about the successful outcomes.

Bayview College congratulates the following students;

### Paige Clayton: Year 9

A well respected sportsperson among her peers and adults, Paige recognised that she could help with the umpire shortage in the sport she loves (netball) and has taken on this challenge even though it means she often has to umpire others around her age. She has been commended for her willingness to have a go. Paige has been a hard working member of the Blue Light Committee since 2013. She volunteered her time to assist with the Net Set Go program in 2014 and the young children loved having a popular and respected young netballer helping them and having fun.

### Kya Duro: Year 10

Kya works hard on the Glenelg Shire FReeZA Committee and helps to organise social activities for the youth of Glenelg Shire. She has volunteered her time at the RSPCA through a school program and has done the same with Loaves and Fishes on multiple occasions. During 2014, Kya was a member of the Student Representative Council, at-

tending meetings and being a voice for her fellow students. She has made herself available to show new students around the school and help them to feel welcome and included.

### Sidney Kerr: Year 9

Sidney was the Junior School Council President and instrumental in organising a lot of school fundraisers - at one time raising \$3500 for the World's Greatest Shave Campaign. Sidney plays a range of sports and contributes to supporting each club with their fundraising efforts. Sidney was given the role of bus captain, requiring him to ensure every student travelling on the bus was safe by providing fair boundaries. Sidney is currently completing his Surf Rescue Certificate enabling him to volunteer patrolling the beaches at Bridgewater.

### Caitlyn Sims: Year 10

In 2014, Caitlyn was involved in a program involving reading over the phone to the Heywood Primary School. She was buddied up with a student in Year 4 and once a week she would meet with him at school for reading as well as reading over the phone after school hours. In 2014, she volunteered to be part of the school's annual magazine. She regularly attends the fortnightly meetings of the Portland and District Horse Riding Club and instigated a fundraising market at the end of last year - helping raise \$700 towards the club.

### Riley Cook: Year 9

Riley participates in a range of sports, including football, cricket and basketball. When the team is struggling, Riley often supports his team mates by encouraging them to keep their heads up and worry about what is coming next, not what has happened previously. Riley has participated in local cubs and scouts for more than three years. During his involvement with the scouts, Riley has contributed to many community activities, including presenting wreaths at the ANZAC Day parade. Riley has shared his knowledge and specialised skills with junior cubs and said he feels good having the younger cubs looking up to him. Riley is very empathetic to the challenges facing young people in the community today, particularly the negative impact of drugs and alcohol on the sporting field.



2014 Whitten Project participant Charlie Ryan has volunteered to become a mentor in 2015. Photo courtesy of Glenelg Shire

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## Greater Western District Swimming 2015

The strength of Bayview College Swimming team was highlighted on Wednesday 25th March when three of its students participated in the Greater Western District swimming Carnival in Warrnambool.

Competing against schools from across the western half of Victoria, Patrick Webster, Harry McIntyre and Tannar Stone figured prominently in each of their events with each of them finishing third.

Patrick Webster swam a personal best in the 17 year boys 50m Breaststroke, whilst Harry McIntyre hit a lane rope in the 16 year boys 50m Backstroke, which caused him to swim off line but he was still able to finish strongly. Tannar Stone swam a strong race in the 15 year boys 50m Freestyle but was just pipped on the line. This achievement is no small feat.



L-R Harry McIntyre, Patrick Webster and Tannar Stone

Patrick competed in a total of 4 events 50m Breaststroke, 100m Breaststroke, 50m Backstroke and 50m Freestyle.

## Students get active thanks to local partnership

Bayview College students are able to be more active during their breaks thanks to the installation of AFL goal posts.

A partnership between Bayview College Parents & Friends and local engineering company Keppel Prince has given students, who are fans of AFL the opportunity to enhance their goal kicking skills.

Bayview College Year 8 & 9 level Coordinator, Mrs Sharon Clark is extremely pleased to see the posts installed.

"During the colder months the students will move from playing cricket to football. The goal posts will encourage more students to be active between classes" said Mrs Clark.

"After spending the morning in classes we encourage our students to participate in physical activity and in turn this encourages a positive social environment for students of all ages" Mrs Clark concluded.

Funding was made possible through various social and fundraising functions held by Bayview College Parents & Friends supported by Keppel Prince.

If you would like to lend your support to the Bayview College Parents and Friends please contact our office during school hours on 5523 1042.



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## Bayview College community gathers to remember ANZACS

The Bayview College community has commemorated the ANZAC Centenary with a moving and respectful tribute to honour and reflect upon the service and sacrifice of those past and present.

The service, organised by Mrs Ria Oberholzer, Head of Faith & Values and Chaplain David Hetherington, was conducted in the school gymnasium and included an ANZAC message from Mr John Davis, the Senior Vice President of the Portland Sub Branch of the RSL.

Mr Davis was a member of 5 RVR during the Vietnam War. His eldest son Andrew has enlisted and has been deployed to East Timor, Iraq and Afghanistan. Mr Davis' youngest son is also a member of the Reserve force.

"My wife and I have been involved in supporting our sons, our other children and grandchildren in their lives to hopefully make our lifestyle better and allow the next generation the mateships and freedoms that we hold close to our hearts now and into the future" Mr Davis said.

The touching ceremony included the lighting of candles to spell out the words "ANZAC", "Lest We Forget" and the College Crest, lit by all students as a mark of respect.

Twelve students provided assistance to the Portland RSL by making wreaths for use in the ANZAC commemoration held in Portland, and over twenty students participated in the ANZAC Day Parade.



*The word ANZAC lit up in candles*



*Kellie Brewster, Frances Mulvey, Paris Barker & Catriona Alexander*



*Zali Stephens*



*Daisi Schwarz & Aleisha Campbell*



*L-R Jack Hernan, Baxter Hollis, Sam Hampshire & Zane Barker*



*L-R Tenille Gollasch, Livi Gollasch & Harris Dark*



*Back: Fraser Reefman & Aren Tober  
Front: Brianah Crowe, Runu Hann & Daisi Schwarz*



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## MacKillop take home Cross Country Cup



Harrison Sealey, Mr Wang & Callum Schultz



Emily Rose Matskows, Lachlan Hewlett & Tom Alexander



Kellie Brewster & Zali Stephens



Angus Silvester & Gabriel Nash



Madeline Nash & Kalian Gee

The Cross Country was held under dry and somewhat warm weather conditions last Friday with high levels of student participation. MacKillop took home the annual cross country cup. Age winners will be available in our next newsletter

### CONNECT WITH US ON SOCIAL MEDIA

Facebook:[www.facebook.com/bayviewcollege](https://www.facebook.com/bayviewcollege)  
Twitter:[www.twitter.com/bayviewcollege](https://www.twitter.com/bayviewcollege)

We like to share the success of our students and invite contributions from the Bayview Community for our Newsletter. A brief overview and a photo can be emailed to [nicole.angelino@bayview.vic.edu.au](mailto:nicole.angelino@bayview.vic.edu.au)

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BAYVIEW COLLEGE PRESENTS

## The Secret Garden



The Secret Garden is the story of Mary Lennox, an orphaned girl who is sent to stay with her reclusive uncle in Misselthwaite Manor. Mary has trouble fitting in but makes new friends and discovers a secret garden which she tends and brings to new life. As the garden is transformed, so is her life and the lives of those around her who all feel the magic of new life and growth.

DATE: Thursday 7th, Friday 8th and Saturday 9th of MAY

VENUE: Portland Performing Arts Centre COST: Adults \$15 Child \$12

TIME: Evening shows at 7:30pm, Saturday Matinee at 2pm

Tickets will be available from Bayview College reception from Monday 20th of April 2014

Contact Bayview College on 5523 1042